

Thursday, 19th May 2022

Time	Hall	Workshop	Lecturer
13:00 - 14:00		Student registration	
14:00 - 14:45 Group A 15:00 - 15:45 Group B	Zagreb	Student workshop I Analysis and interpretation of food diary Chair: Sara Sila	Lucija Marić
14:00 - 14:45 Group B 15:00 - 15:45 Group A	Opatija/ Pula	Student workshop II Communication skills in nutrition Chair: Ana-Marija Genc	Andela Jelić
16:00 - 17:00 Both groups	Split/ Dubrovnik	Student workshop III Discussion: How is food changing the world? Chair: Iva Dorić	Marija Heffer Iva Kantolić
16:00 - 19:30		Registration	
16:15 - 16:45		Coffee break	
17:00 - 18:00	Split/ Dubrovnik	Workshop I Indications for vitamin-mineral supplementation in children Chair: Lucija Marić	Tena Niseteo
17:00 - 18:00	Opatija/ Pula	Workshop II Dietary supplements in sports and health Chair: Anja Vukomanović	Nikola Talan
17:00 - 18:00	Zagreb	Workshop III Dietary protein, their metabolism and role throughout life Chair: Iva Dorić	Lidija Šoher

Time	Hall	Workshop	Lecturer
18:30 - 19:30	Split/ Dubrovnik	Workshop IV Diet and hormones Chair: Margita Zlatić	Sandra Krstev Barać
18:30 - 19:30	Opatija / Pula	Workshop V Culinary workshop: Plant based diet Chair: Marina Matković	Mirna Sarić
18:30 - 19:30	Zagreb	Workshop VI Nutrition in patients with thyroid disorders - Case reports Chair: Sara Sila	Karmen Matković Melki
20:00-24:00		Eno-gastro event - powered By Vindija	

Friday, 20th May 2022

Time	Hall A & B
08:00 - 09:15	Breakfast symposium: BoomBox
09:15 - 09:45	Opening ceremony Ana Ilić, Sanja Musić Milanović
09:45 - 10:45	Plenary session Health promotion and healthy nutrition choices - how we do it in Croatia Sanja Musić Milanović Osteosarcopenic adiposity syndrome with nutritional approaches for its prevention and management Jasminka Z. Ilich Chairs: Sara Sila, Margita Zlatić

10:45 - 11:30

Coffee break

Time	Hall A	Hall B
11:30 - 13:30	<p>Omega-3 fatty acids: from lab to clinic Vitamin D: new insights from physiology to clinical practice</p> <p>Chairs: Dubravka Vitali Čepo Tena Niseteo</p>	<p>Public health nutrition Great results!</p> <p>Chairs: Jasenka Petrić Iva Dorić</p>
11:30 - 11:55	<p>Vitamin D bioavailability - food VS supplements</p> <p>Dubravka Vitali Čepo</p>	<p>New forms of communicating science to public</p> <p>Jasenka Petrić</p>
11:55 - 12:20	<p>Role of vitamin D3 and Omega-3 fatty acids in dermatology</p> <p>Lena Kotrulja</p>	<p>CD SKILLS project - Improving celiac disease management</p> <p>Zrinjka Mišak</p>
12:20 - 12:45	<p>Vitamin D intake and status globally and in Croatian population</p> <p>Daniela Čačić Kenjerić</p>	<p>Nestle for heathier kids program in Adriatic region - supporting healthier habits over 10 years</p> <p>Koraljka Novina Brkić</p>
12:45 - 13:10	<p>Role of omega-3 fatty acids and the Mediterranean dietary pattern in chronic fatigue syndrome</p> <p>Jelena Helene Cvejić</p>	<p>Value of nutrition education beyond the classroom</p> <p>Francesca Scazzina</p>
13:10 - 13:30		<p>Bitter food consumption is not significantly associated with bitter taste sensitivity</p> <p>Davorka Gajari</p>

13:30 - 15:00

Lunch break
Restaurant Fontana & Kralj Tomislav

Time	Hall A	Hall B
15:00 - 17:30	Nutrition for runners (recreational and athletic) Chairs: Katarina Zupančič Marina Matković	Organic, Eco and Bio food Chairs: Renata Hanzer Margita Zlatić
15:00 - 15:30	Particular features of nutrition for marathon runners Roko Marović	Organic, eco and bio food - synonyms or different meanings? Branka Levaj
15:30 - 16:00	The importance of protein intake for runners Stella Mirić	GMO in Croatia Renata Hanzer
16:00 - 16:30	Malnutrition in runners Eva Peklaj	Think in future: Environment protection is crucial for us, HiPP Ladislava Klasić-Stanković
16:30 - 17:00	Supplementation, hydration and athletic performance of runners Katarina Zupančič	Organic, bio and eco food and pesticides Adela Krivohlavek
17:00 - 17:30		Past(IT)a Sven Perec
17:30 - 19:00	Croatian Federation of Nutritional Associations Annual Meeting Members only	
20:00 - 02:00	Gala dinner	

Saturday, 21st May 2022

09:00 - 12:00

Registration

Time	Hall A	Hall B
09:30 - 11:35	Infant nutrition and long term health Chairs: Evgen Benedik Lucija Marić	Obesity from another angle Chairs: Irzada Taljić Sara Sila
09:30 - 09:55	Nutrition in the first 8000 days – why is it important? Evgen Benedik	Different side of story: Obesity pandemic as a business model Vatroslav Zovko
09:55- 10:20	Complementary feeding and development of chronic disease Ana Močić Pavić	Microbiota and obesity Antonio Starčević
10:20 - 10:45	Nutritional risk in infants with allergies Ivona Višekruna Džidić	Metabolic syndrome and microbiota connection, Omnibiotik Karmen Matković Melki
10:45 - 11:10	DHA in infant development, 4UPharma Tena Niseteo	Two pandemics together – COVID-19 and obesity Irzada Taljić
11:10 - 11:35	Feeding disorders in infants Tihana Koren	Intuitive eating and mindful eating Kristina Beljan

11:35 - 12:15

Brunch brake

Time	Hall B
12:15 - 13:00	Oral presentation of 5 best posters Chairs: Petra Viličnik, Ela Kolak
13:00 - 14:00	FUTURE OR PAST IN NUTRITION SCIENCE Chairs: Ana-Marija Genc Marija Selak
13:00 - 13:10	Breakfast cereals - product reformulation, Nestle Koraljka Novina Brkić
13:10 - 13:35	Nutrigenomics and personalized nutrition – are we ready? Bojan Stojnić
13:35 - 14:00	Cannabis sativa L. - From a Prohibited Drug to a Nutritional Supplement Martina Jakovljević Kovač
14:00 - 15:15	Clinical nutrition in practice: Diet therapy in oncology patients Chairs: Frane Herenda Anja Vukomanović
14:00 - 14:25	Ketogenic diet in oncology patients Margareta Benković
14:25 - 14:50	Phytotherapy in oncology patients Frane Herenda
14:50 - 15:15	Diet therapy in patients with colorectal cancer Nevena Ćorić
15:15 - 16:00	Award ceremony and Congress closure